

Rajasthan ANM Syllabus 2023 | PDF Download, Exam Pattern

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RAJASTHAN ANM SYLLABUS

	 EXAM MODE ONLINE	 EXAM LEVEL DIPLOMA	 EXAM TYPE OBJECTIVE MCQ
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	 QUESTIONS 100	 MARKS 100	 TIME MINUTE 120
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[CHECK FULL SYLLABUS](#)

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Rajasthan ANM Syllabus 2023: The Rajasthan ANM Syllabus 2023, conducted by the **Rajasthan National Health Mission**, covers essential topics for the exam. It includes ANM Professional Knowledge, Programs/Priorities under ANM, General Knowledge, General Medicine, and Current Affairs/Computer. **Rajasthan ANM Syllabus 2023** exam is conducted **offline** and consists of **100 multiple-choice questions** to be completed within **90 minutes**. Each correct answer carries a weightage of **4 marks**, while incorrect answers are penalized with a negative marking of **1/4**. **Rajasthan ANM Syllabus 2023** encompasses crucial aspects such as maternal and child health, family planning, national health programs, general awareness, basic medical knowledge, and recent healthcare developments. Candidates are encouraged to refer to the official notification for comprehensive and updated details regarding the syllabus.

ONLINE Test01

Document Verification 02

◆ **ANM Exam Paper: [Overview]**

Rajasthan ANM Syllabus 2023

Event	Details
Organization (संगठन)	राजस्थान राष्ट्रीय स्वास्थ्य मिशन (Rajasthan)
Exam Mode (परीक्षा मोड)	ऑफलाइन
Exam Level (परीक्षा स्तर)	10वीं और डिप्लोमा (ANM)
Exam Type (परीक्षा का प्रकार)	वस्तुनिष्ठ (MCQ) Type
Paper Medium (पेपर माध्यम)	हिंदी और अंग्रेजी
Total Question (कुल प्रश्न)	100
Total Time (कुल समय)	90 मिनट
Total Marks (कुल अंक)	400
Correct Answer (सही उत्तर)	04 अंक
Negative Marking (नकारात्मक अंकन)	1/4
Subject Name (विषय नाम)	ANM प्रोफेशनल नॉलेज, एनएचएम के अंतर्गत संचालित कार्यक्रमों/प्राथमिकता , सामान्य ज्ञान, सामान्य चिकित्सा और वर्तमान घटनाएँ / कंप्यूटर

◆ नीचे पूर्ण विवरण देखें (↓)

◆ Subject Wise : [Overview]

Rajasthan ANM Subjects

Subject	Marks
ANM Professional Knowledge	55
Programs / Priority operated under NHM	15
General Knowledge about Rajasthan	05
Computer related	05
Current events (International, National and State level)	05
General knowledge related to general medicine, health, nutrition, hygiene	15

Contents-

Rajasthan ANM Syllabus 2023

Rajasthan ANM Syllabus 2023: The Rajasthan ANM examination consists of various subjects with corresponding marks. ANM Professional Knowledge carries the highest weightage with 55 marks. Programs and priorities operated under NHM are also included and hold a weightage of 15 marks. General Knowledge about Rajasthan, computer-related knowledge, and current events (International, National, and State level) each carry a weightage of 5 marks. Lastly, there is a section dedicated to general knowledge related to general medicine, health, nutrition, and hygiene, which holds a weightage of 15 marks.

Rajasthan ANM Syllabus 2023 Domain Specific

- ◆ **Health Factors & issues in India.** (भारत में स्वास्थ्य कारक और मुद्दे)
- ◆ **About the Organization: PHC, SC, and PHC.** (संगठन के बारे में: PHC, SC और PHC)
- ◆ **ANM: Role and Responsibilities** (भूमिका और जिम्मेदारियां)
- ◆ **Nutrition (पोषण):**
 1.
 1. Importance Of Nutrition
 2. Health and sickness
 3. Vitamin and Mineral deficiencies
 4. Nutritional Anaemia in women
 5. Balanced diet (Age Wise)
- ◆ **Human Body** (मानव शरीर):

1.

1. Structure and Body systems
2. Body Function
3. Mental health
4. Communicable diseases
5. Diseases Prevention
6. Signs, Symptoms
7. Care and prevention

◆ **Communicable Diseases (संचारी रोग):**

1.

1. Diphtheria (डिप्थीरिया)
2. Pertussis (काली खांसी)
3. Tetanus (धनुस्तंभ)
4. Poliomyelitis (पोलियो)
5. Measles (खसरा)
6. Tuberculosis (तपेदिक)
7. Chickenpox (छोटी माता)
8. Mumps (कण्ठमाला)
9. Rubella (रुबेला)
10. Enteric fever (आंतों का बुखार)
11. Hepatitis (हेपेटाइटिस)
12. Rabies (रेबीज)
13. Malaria (मलेरिया)
14. Dengue (डेंगी)
15. Filaria (फाइलेरिया)
16. Kala-czar (काला जार)
17. Trachoma (दरेकोमा)
18. Conjunctivitis (आँख आना)
19. Scabies (खुजली)
20. STDs (एसटीडी)
21. HIV/AIDS (एचआईवी/एड्स)
22. Encephalitis (इंसेफेलाइटिस)
23. Leptospirosis (लेप्टोस्पाइरोसिस)
24. Acute respiratory infection (तीव्र श्वसन संक्रमण)
25. Diarrhoeal diseases (अतिसार रोग)
26. Worm infestations (कृमि संक्रमण)
27. Leprosy (कुष्ठ रोग)

◆ **Care of the sick in the community (समुदाय में बीमारों की देखभाल)**

◆ **First Aid (प्राथमिक चिकित्सा)**

1.

1. Minor Injuries and Ailments,
2. Cuts and wounds
3. First Aid types
4. First Aid Principles
5. First-Aid Care

◆ **Factors affecting growth and development** (वृद्धि और विकास को प्रभावित करने वाले कारक)

◆ **Infants and young children, teenagers, and school health** (शिशुओं और छोटे बच्चों, किशोरों और स्कूल स्वास्थ्य

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◆ **Pregnancy** (गर्भावस्था):

1.

1. Fetus and placenta
2. Normal pregnancy
3. Abnormalities of pregnancy
4. Abortion

Rajasthan ANM Syllabus 2023 General Awareness

1.

1. Geography
2. History Rajasthan & India
3. General Science (Up To 10th)
4. Economical points of Rajasthan & India
5. Civics (10th)
6. Health Sector of India & Rajasthan
7. Current Affairs

Rajasthan ANM Syllabus 2023 Computer Aptitude

1.

1. Computer Aptitude in the Alphanumeric Series
2. Internet Memory Shortcuts for the Keyboard
3. Computer Abbreviations for Terms Computing Foundations
4. Office Products from Microsoft
5. Applications for Word Processing and Spreadsheets
6. Basics of computer hardware, software, operating systems, and GUI
7. CoRajasthanuter Network
8. Windows Office & Windows by Microsoft

Please find below the PDF version of the 2023 Rajasthan ANM Syllabus for download. The official website of Rajasthan ANM has made the Syllabus 2023 for ANMs available. Applicants can access the Rajasthan ANM Syllabus, along with the exam pattern and

other essential documents. The complete syllabus is provided in the section below.

RAJASTHAN ANM SYLLABUS NOTICE

महिला स्वास्थ्य कार्यकर्ता (एएनएम) (संविदा) के पदों पर भर्ती हेतु परीक्षा की स्कीम एवं पाठ्यक्रम:-
महिला स्वास्थ्य कार्यकर्ता (एएनएम) (संविदा) के पदों पर सीधी भर्ती हेतु परीक्षा की स्कीम निम्नानुसार होगी :-

(i) परीक्षा की स्कीम:-

1. परीक्षा का आयोजन ऑफलाईन किया जाएगा।
2. परीक्षा पेपर का समय 1 घंटा 30 मिनट (90 मिनट)।
3. परीक्षा पेपर बहुविकल्पिय टाईप का रहेगा।
4. प्रश्न पत्र में प्रश्नों की संख्या 100 रहेगी।
5. सभी प्रश्नों के अंक समान होंगे।
6. प्रत्येक प्रश्न 4 अंक को होगा।
7. गलत जवाब दिये जाने पर प्रति प्रश्न नकारात्मक 01 अंक (1/4) काटा जायेगा।



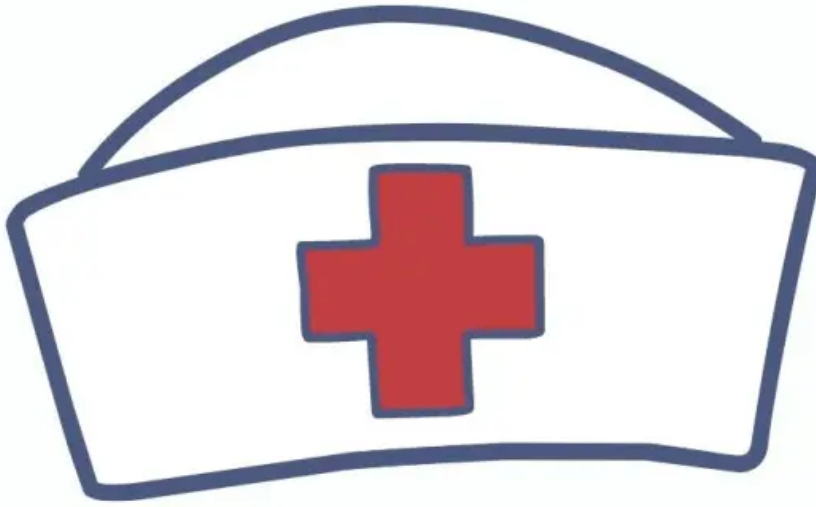
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परीक्षा का पाठ्यक्रम

पाठ्यक्रम का विवरण	प्रश्नों की संभावित संख्या
<p>पद से संबंधित न्यूनतम प्रोफेशनल योग्यता के विषयो से संबंधित प्रश्न:-</p> <ul style="list-style-type: none"> • Concept of health, community health practices, health problems and policies, health organization, health agencies, referral system, health team, rural and urban community, community need assessment, communication method and media, counselling and community based rehabilitation. • Essential nutrition, nutritional problem, nutritional assessment and promotion of nutrition. • Structure and functions of human body system, digestive system, respiratory system, genitourinary system, cardiovascular system, nervous system, muscular system, endocrine system and special sensory organs, hygiene of the body and optimal functioning of the body. • Environmental Sanitation, sources of safe water, methods of water purification, disinfections of well, tube well, tank and pond in a village and water borne diseases and prevention, disposal of excreta and waste. • Concept of mental health, defense mechanisms, maladjustment, mental illness ageing process, needs and problems of elderly. • Concept of disease, infection immunity and body defense mechanism immunization, Collection of specimen, disinfection and sterilization and waste disposal. • Common Communicable diseases, Epidemiological concepts-Incidence and prevalence, mortality and morbidity, level of prevention, control & prevention of communicable diseases and Epidemic management. • Health assessment, identification of health problems, management of the sick with body system disorder and diseases, and care of handicaps. • Different systems of Medicine: Allopathic & AYUSH, classification of drugs, Administration of drugs, standing order, drugs used in minor ailments, and common emergency drugs. • Minor injuries & ailments, Need for first aid, fractures and life threatening conditions such as Bleeding, drowning, strangulation etc. • Growth & development in infants and children, care in infants & children, accidents causes, precautions and preventions, congenital anomalies & health problems, Children's rights, care of the sick child, school children and adolescents. • Human Reproductive system, Menstrual Cycle, Process of Conception, Types of pelvis, foetal Skull, Growth and development of foetus, structure & function of placenta, Normal & Abnormal pregnancies, Physiological changes during pregnancy, minor ailments during pregnancy and their management, Antenatal care, normal labour, care during normal labour, normal puerperium, care of Newborn, High risk new born, High risk pregnancies, abortion, abnormal child birth, abnormal puerperium, surgical intervention in the mother during Labour, Medications used in midwifery, RTI's & STI's, Infertility and family welfare. • Organization & functions of sub centre, maintenance of supplies, drugs, equipment, store, indenting etc. Management information and evaluation Systems (MIES), Implementation of national Health Programme and continuing Education. 	<p align="center">55</p>

RAJASTHAN ANM SYLLABUS NOTICE

• राष्ट्रीय स्वास्थ्य मिशन के अन्तर्गत संचालित कार्यक्रमों/योजनाओं से संबंधित प्रश्न	15
• राजस्थान के संक्षेप में सामान्य ज्ञान (राजस्थान का विकास, भूगोल, इतिहास, परम्परा एवं विरासत, स्थापत्य कला, महत्वपूर्ण किले, स्मारक, लोक मेले, संगीत, त्यौहार, संस्कृति, पर्यटन स्थल, भाषा, साहित्य, कृतियाँ एवं बोलियाँ आदि)	5
• समसामयिक घटनाएँ (अन्तरराष्ट्रीय, राष्ट्रीय व राज्य स्तरीय)	5
• कम्प्यूटर से संबंधित विषयवस्तु	5
• सामान्य चिकित्सा, स्वास्थ्य, पोषण, स्वच्छता से संबंधित सामान्य ज्ञान से संबंधित प्रश्न	15
कुल	100



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Rajasthan ANM Syllabus 2023 FAQs

★ **Who made the Rajasthan ANM Syllabus?**

Rajasthan created the ANM Syllabus 2023.

★ **What is the Rajasthan ANM Syllabus Pattern?**

There will be 100 questions with 1 mark each. The MCQ paper will have a 2-hour time limit.

★ **What is the Rajasthan ANM Exam Mode?**

At various test locations in Rajasthan, the exam will be computer-based.

★ **What are the subjects for the Rajasthan ANM Exam 2023?**

Section 1 of the Rajasthan ANM exam's subject matter is ANM professional knowledge, and Sections 2 and 3 are general aptitude, reasoning, awareness, and computer basics.

★ **Can I download the Rajasthan ANM PDF in Hindi?**

Yes, you can view and download the Rajasthan ANM Syllabus in PDF format in both Hindi and English from this page's quick link section.

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